

A Welcome Greetings from the Tutor Teacher to New Students

Hello new student!

A warm welcome to LAB University of Applied Sciences and to the Sustainable Solutions Engineering B.Sc.! Congratulations – you have made an excellent choice for your studies!

My name is Anne-Marie Tuomala, and I will be your tutor teacher throughout your studies. In this letter, you will find useful information and tips to help you get started.

Tips for New Students

- **LUT ID and email:** Activate your LUT username (ID) and make sure your email works. Info: [Checklist item 5](#).
- **LAB@key:** A digital orientation where you will review the most important systems needed for your studies, planning your studies, and support services. Info: [Checklist items 5 & 8](#).
- Bring your own **laptop, webcam, and headphones**. Study/course materials are in the electronic platform Moodle where each course has an own site. Besides this, you will have time to time virtual meetings and will also participate in online courses as a part of your studies.
- **Orientation Week:**

Online pre-orientation Wed 12th August at 9.-11.00 Finnish time, you find the zoom link [here](#)

We will meet during Orientation Week. Your studies begin on Monday 24th August 2026 at 9.30 at the Lahti campus (go to the main door, street address Mikkulankatu 19). You will receive information about your studies and get to know other students. Please note that, in addition to the joint orientation program, your schedule also includes a Developing professional competence -course with your tutor teacher. Participation is very important.. [See the orientation week program](#).

- **Arriving at LAB:**
 - [Arrival at the Lahti campus and public transportation](#). Please note that cash payments are not accepted on public transportation; you need a bank or credit card. In local public transport in Lahti, payment must also be made by card, or you can purchase a monthly pass or a value ticket using a card. A mobile app is also an option in Lahti bus transportation.
 - [parking at the Lahti campus](#)

Course Registration

- Course registration takes place in Sisu system after school starts. We will go through it together during the first days.

Registration at Digital Population Data Service Agency

- Registration is organized for students on Thursday 3rd September 2026 at campus.

Other Useful Information Before Starting Your Studies

- **Access Card and Student Card:** You will need an access card when moving around LAB campuses. The student card is the official identification for degree students. [Checklist items 9 & 10](#).
- **Student lunch:** The student lunch costs €3.10. To receive lunch at the student price, you must have a valid student card.
- **Student Life:** On the eLAB website, you can find [tips for student life](#) such as housing and public transportation.
- **Community and Peer Support:** We encourage you to get to know other students and participate in group activities and events. Learn more about the [Community Coordinators and the services they offer](#).

- **Support Services:** Please remember that the school offers a [variety of support for your studies](#), such as peer tutors (senior students) and support and wellbeing services.
- [Introduction to Library Services/Primo](#)

Peer Tutors' Introduction – For full-time students

I am Shasheeka Jayaratne, a second-year student of the Sustainable Solutions Engineering Program. I am here to help you get started with your studies and everyday matters. Please feel free to contact me at any time by email: Shasheeka.Jayaratne@student.lab.fi

I am Sudesh Mendis, a student of the Sustainable Solutions Engineering Program at LAB University of Applied Sciences. I am here to help you with getting started in your studies, student life, and everyday matters in Finland. Please feel free to contact me anytime. Email: Sudesh.Mendis@student.lab.fi

I am Piyumi Weerasekara and here as your peer tutor to help you navigate your first steps at LAB. I have prior experience as a student tutor and am very happy to support you with any questions regarding your studies, campus systems, or everyday life in Lahti. Please feel free to reach out to me at any time - I am looking forward to meeting you all and helping you succeed! Piyumi.Weerasekara@student.lab.fi

Student Associations and Events

LAB has several [student associations](#) that offer opportunities for hobbies and community involvement. It is worthwhile to get to know them and participate!

Contact Information

If you have any questions, you can contact me at: anne-marie.tuomala@lab.fi; tel. +358 44 708 5127.

I hope this letter helps you prepare for the start of your studies. If you have any questions or need assistance, please do not hesitate to get in touch! I am here to help you succeed in your studies.

With warm regards,

Anne-Marie Tuomala

Tutor teacher in SSE program
LAB University of Applied Sciences